

Quantum entanglement across cosmological distances

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JHEP 08, 071 (2020) & **work in peer review** (with A. Berera & J. Calderón)
arXiv:2007.11611 (To appear in JHEP) (with K. Dasgupta & R. Tatar)
PRD 102, 043529 (2020) (with O. Alaryani & R. Brandenberger)
arXiv:2009.12653 (To appear in JCAP) (with R. Brandenberger & Z. Wang)
JHEP 1903, 006 (2019) & JHEP 1906, 070 (2019) (with W. Hossain)
PRL 121, 201301 (2018) & PRL 121, 201602 (2018) (with M. Bojowald)
JHEP 1911, 016 (2019) (with S. Shandera)
PRD 101, 046013 (2020) & **PRD 101, 023526 (2020)**

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Department of Physics

Outline



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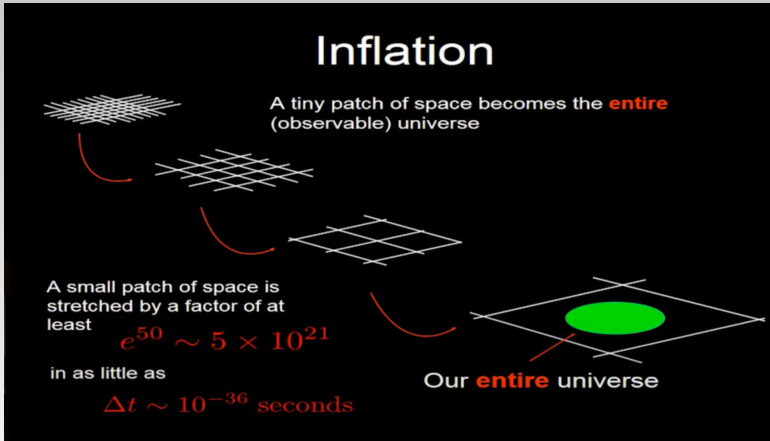


Photo credit: P. Adshead

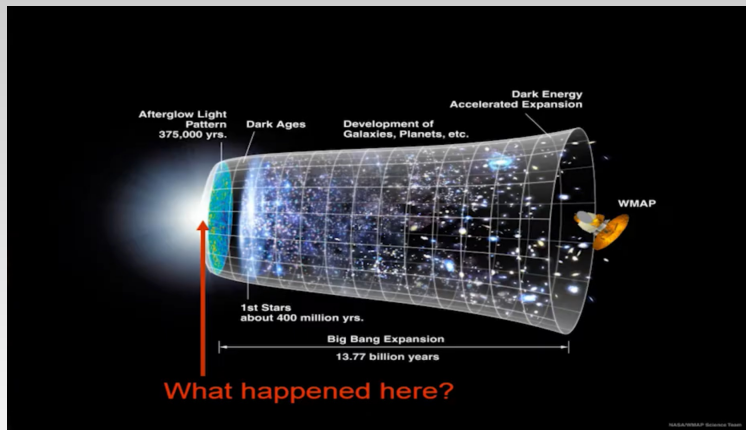


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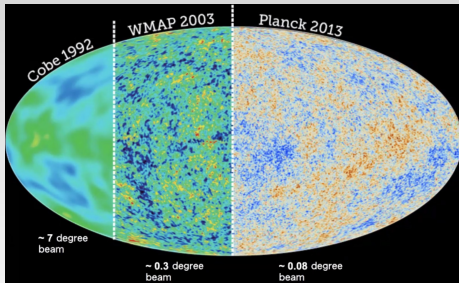


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- ✓ What can we learn about the **quantum gravity** completion of inflation from **open EFT** for inflationary spacetimes?
- ✓ What role does **entanglement** play in **cosmological observations**?



Quantum gravity & Inflation: Challenges & Promises



The landscape & the swampland

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↔ Very **powerful proposal** to constrain the space of all **low energy EFTs** required for **phenomenology** \Rightarrow Analogy with quantum mechanics.

Swampland & Cosmology



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✓ Almost *all of* Horndeski theories, compatible with **current observational bounds** on dark energy, have been found to *be in the swampland* [Heisenberg, Bartelmann, Brandenberger & Refregier, 2019]

\rightsquigarrow Cubic Galileon model allows for **$c \sim 1$** and is yet *consistent* with **current observational bounds**. [S.B. & W. Hossain, 2019; 2020]



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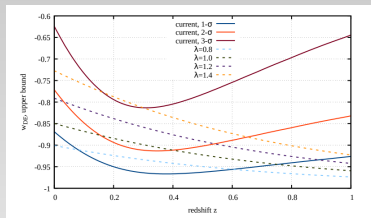
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Low energy effective field theory involving **accelerating spacetimes** \Rightarrow **Constrained by consistency conditions from QG**

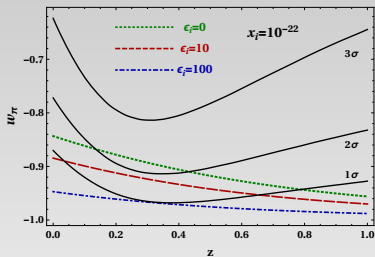


Rescuing dark energy from the swampland

$$S = \int d^4x \sqrt{-g} \left[\frac{M_{pl}^2}{2} R - \frac{1}{2} (\nabla \pi)^2 \left(1 + \frac{\alpha}{M^3} \square \pi \right) - V(\pi) \right] + S_m + S_r$$



The exponential potential assumed here is the *least* constrained case: $\lambda = 1$ is ruled out at 2σ from observations. The solid lines represent the 1σ , 2σ and 3σ contours from bottom to top respectively for the dark energy EoS considering CPL parameterization.



Green (dotted), red (dashed) and blue (dot dashed) curves correspond to $\epsilon_i = 0, 10, 100$ respectively. We have assumed $\lambda = 1$ here

Cubic Galileon model \Rightarrow An explicit model which allows for $c \sim 1$ and is yet *consistent* with current observational bounds. [S.B. & W. Hossain, 2019; 2020]

Evidence against (quasi) dS spacetime?



↔ **Difficulty** of constructing meta-stable dS vacua (& inflation) in **String Theory** [Danielsson & Van Riet, 2018; S.B., K. Dasgupta, & R. Tatar, 2020 ; Sethi, 2018; Moritz, Retolaza & Westphal, 2017; ...]



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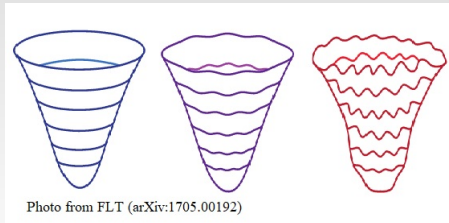
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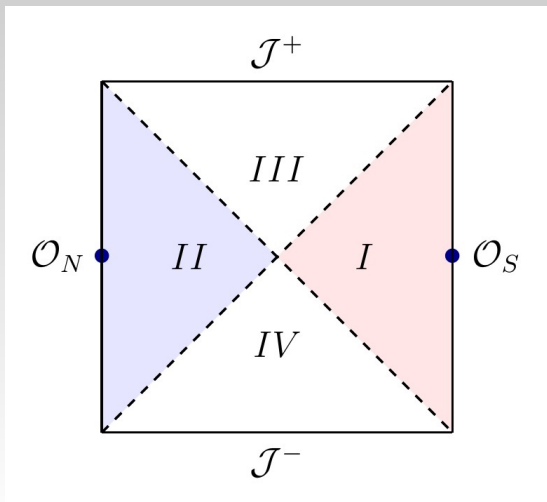
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- ↪ The trans-Planckian censorship conjecture: **Upper bound on the lifetime of dS & inflation** [Bedroya & Vafa, 2019]



QFT in dS spacetimes: Different corners of the swampland

Quantum Swampland: Teaser for the TCC



↔ Even if there is a *classical* potential which allows a **meta-stable dS** ⇒
Do **radiative** (loop) corrections *destabilize* it?

YES! [D. Dharwadkar, 2018]

↔ One-loop effective potential has **dS-invariant term** alone *only* on
choosing the **Bunch-Davies vacuum!** [J. Martin, 2012]

But how **natural** is it to *assume* the BD vacuum? [Kaloper, vs. Susskind, ...]

↔ If we make a mode expansion, and trace a given mode **back in time** until
it is so **blue-shifted** that its wavelength is much **smaller than Hubble scale**.
Then it is so far inside the horizon that it does not “feel” gravity and we
can ‘forget’ about dS space and pick the unique Minkowski vacuum:

$a_k(\eta_0)|0_{\eta_0}\rangle$ with $\eta_0 \rightarrow -\infty$, then we get the BD vacuum. [Bunch & Davies, 1978]

↔ Should not blue-shift a mode beyond the cut-off scale of the theory ⇒
Parametrize ignorance about *pre-inflationary dynamics* in initial state ⇒
Below cut-off scale, new vacuum is Bogolubov transformation of BD, *i.e.*
Non-BD state ⇒ Quantum swampland! [U. Danielsson, 2004; 2005; 2018]

↔ dS quantum ‘no-hair’ theorem does *not* apply for short-lived inflation ⇒
BD not a quantum attractor [Kaloper, Kleban, Lawrence, Shenker & Susskind, 2002]



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The trans-Planckian censorship conjecture

↔ **Crowning glory of inflation:** Explain the origin the observed macroscopic density perturbations in **quantum vacuum fluctuations**.

↔ If we look at the physical wavelength of a classical perturbation mode at late times and **blue-shift** it *backwards in time*, due to the expansion of spacetime, one might end up with a physical wavelength that is **smaller than the ℓ_P** . [Martin & Brandenberger, 2000; ...]

↔ For sufficiently **long periods of accelerated expansion**, one would have macroscopic perturbations *originating* from **TP quantum fluctuations** ⇒ *Inflation needs to be valid up until energy ranges beyond the Planck scale as an EFT*, which is clearly in conflict with our understanding of QG.

↔ A naive cut-off doesn't work for accelerating spacetimes ⇒ Non-unitary evolution due to a **time-dependent Hilbert space**. [Weiss, 1985; Jacobson, 2000]

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TCC and Inflation

↔ TCC prohibits TP modes from crossing $1/H \Rightarrow e^N < M_{\text{Pl}}/H_{\text{inf}}$

↔ Comoving Hubble radius today must have been sub-horizon at the beginning of inflation to be in causal contact \Rightarrow *Hierarchy* for N ▶▶ Diag

↔ Upper bound on the energy scale of inflation $H_{\text{inf}} < 3\sqrt{3} \times 10^{-20} M_{\text{Pl}}$.

From observed **scalar power spectrum** $\Rightarrow \epsilon < 10^{-31}$ & $r < 10^{-30}$!

↔ From the spectral tilt, $n_s - 1 = 2\eta - 6\epsilon \Rightarrow |\eta| \sim 0.02 \Rightarrow$ Swampland favors *Hilltop* models

- Strict bounds on r not easy to evade:

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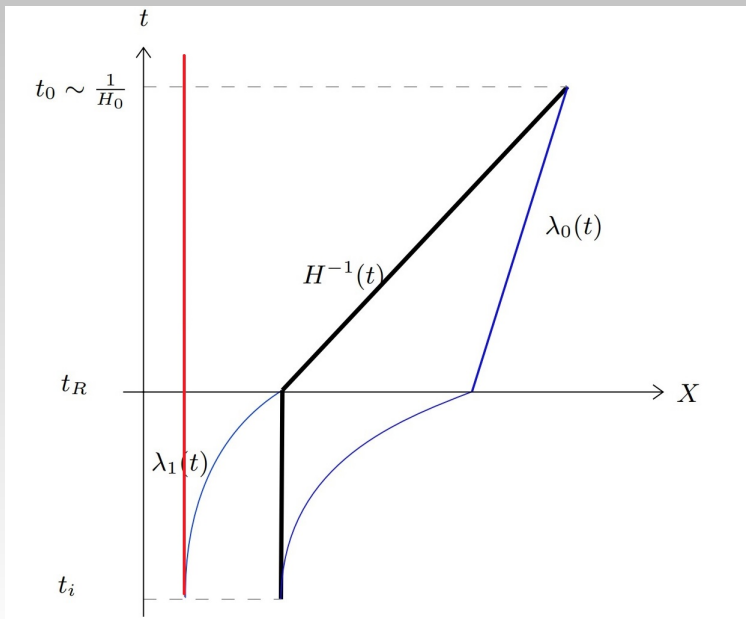
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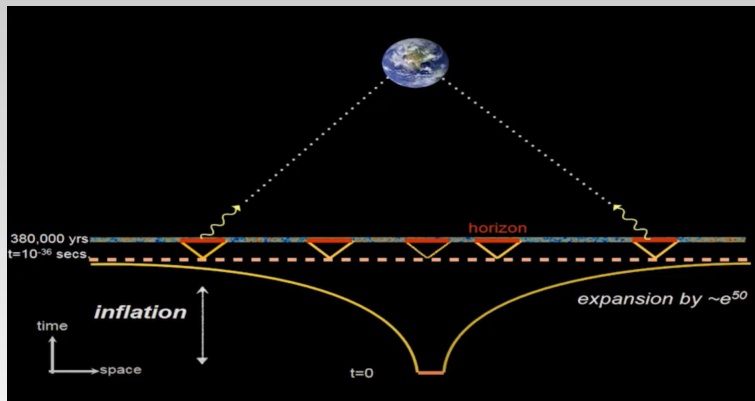


Photo credit: P. Adshead

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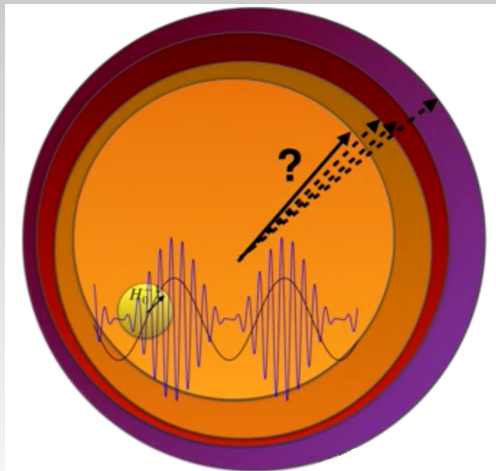


Photo credit: S. Shandera



Upper bound on duration of inflation

↔ There seems to be a **deep structure** underlying the swampland:

✓ TCC *implies* the dS conjecture: [A. Bedroya & C. Vafa, 2019]

✓ TCC itself can be *derived* from other aspects of String Theory: ↔
Distance Conjecture + Species bound gives TCC [S.B., 2019]

✓ *Refined* versions of TCC has also been shown to follow from the **sWGC**,
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↔ **No eternal inflation principle**: dS Conjecture rules out (perturbative)
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✓ Independently, stochastic EI à la **Fokker-Plank equation**, for most
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[Wang, Brandenberger & Heisenberg, 2019; Rudelius, 2019]

↔ Inflation is **not eternal** into the past & an inflating region must have a
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Multiple indications that QG seems to disfavour **long duration of
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Inflation as an open quantum system: Lessons for UV-completion?



New techniques for quantum effects during inflation

Why **open systems** for inflation?

[Martin, Vennin, Burgess, Holman, Shandera, Boyanovsky, Gong, Seo, Nelson, Martineau, ...]

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Open cosmological system: Vanilla slow-roll inflation



↔ Consider **short wavelength modes** of the *same curvature perturbation field* to be the **environment** of the observable long wavelength system modes.

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- ↔ Consider **short wavelength modes** of the *same* **curvature perturbation field** to be the **environment** of the observable long wavelength system modes.
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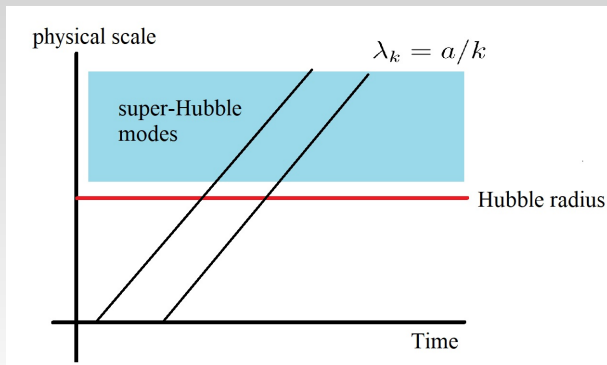
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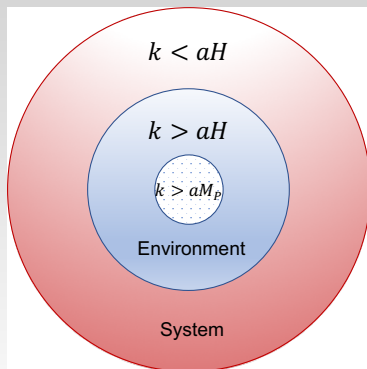
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Universal lower bound on the effects of entanglement & indirect signature of cubic non-Gaussianities!



Primordial cosmological Perturbations: Review

[Albrecht, Ferreira, Joyce & Prokopec, '94]

↔ Comoving gauge: $ds^2 = -a^2(\tau)[d\tau^2 - (1 + 2\zeta)d\mathbf{x}^2]$.

Canonical variable $\chi = z(\tau)\zeta$, where $z^2 = 2\epsilon a^2 M_{\text{Pl}}^2$.

↔ The quadratic action $\mathcal{S}^{(2)} = \int d^4x \left[(\partial_\mu \chi)^2 - \frac{z'}{z} \chi^2 \right]$: collection of harmonic oscillators with a time-dependent mass term.

$$\hat{H}^{(2)} = \frac{1}{2} \int \frac{d^3k}{(2\pi)^3} \left(\underbrace{k \left[\hat{c}_k \hat{c}_k^\dagger + \hat{c}_{-k} \hat{c}_{-k}^\dagger \right]}_{\text{Usual scalar field in flat space}} - \underbrace{i \frac{z'}{z} \left[\hat{c}_k \hat{c}_{-k} - \hat{c}_k^\dagger \hat{c}_{-k}^\dagger \right]}_{\text{Squeezing due to curved space}} \right)$$

✓ $k \ll z'/z \approx aH$: Squeezing term dominant \Rightarrow super-Hubble modes in the squeezed state.

✓ $k \gg z'/z \approx aH$: first term dominant \Rightarrow sub-Hubble modes in their quantum (BD) vacuum.

↔ The quantum vacuum unitarily evolves to the squeezed state under the action of the evolution operator $U_0(\tau, \tau_0)$ corresponding to $H^{(2)}$:

$$|SQ(k, \tau)\rangle := U_0(\tau, \tau_0) |0_k, 0_{-k}\rangle.$$

↔ Sq vacuum of all modes is the product state $|SQ(\tau)\rangle = \prod_k |SQ(k, \tau)\rangle$.



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Gravitational nonlinearities

[Maldacena, 2003]

$$S^{(3)} = M_{\text{Pl}}^2 \int dt d^3x \left[a^3 \epsilon^2 \zeta \dot{\zeta}^2 + a \epsilon^2 \zeta (\partial \zeta)^2 - 2a \epsilon \dot{\zeta} \partial_i \zeta \partial_i \tilde{\chi} + a^3 \epsilon (\dot{\epsilon} - \dot{\eta}) \zeta^2 \dot{\zeta} + \frac{\epsilon^2}{2} a \partial_i \zeta \partial_i \tilde{\chi} - \frac{d}{dt} \left(a^3 \epsilon (\epsilon - \eta) \zeta^2 \dot{\zeta} \right) \right]; \quad \tilde{\chi} = a^2 \epsilon \partial^{-2} \dot{\zeta}$$

↔ ζ “freezes” outside the horizon \Rightarrow **Leading order** cubic coupling:

$$H_{\text{int}} = \frac{M_{\text{Pl}}^2}{2} \int d^3x \epsilon^2 a \zeta (\partial \zeta)^2$$

↔ **Difference with flat space QFT** (three *different roles* of gravity):

- ✓ **Time-dependent background** acts as a *pump* to source zero-momentum correlated pairs.
- ✓ Comoving Hubble horizon $(aH)^{-1}$ acts as a **natural scale** demarcating long and **short** dof's.
- ✓ Cubic action due to GR provides leading order interaction term.

↔ Hilbert space: $\mathcal{H} = \mathcal{H}_S \otimes \mathcal{H}_\mathcal{E}$ where $\mathcal{H}_S(t) = \prod_k \mathcal{H}_k$, $|k| < aH$. Here, \mathcal{H}_k is the usual Fock space.

↔ The full Hamiltonian: $H = H_S^{(2)} + H_\mathcal{E}^{(2)} + H_{\text{int}}$.



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- ✓ **Time-dependent background** acts as a *pump* to source zero-momentum correlated pairs.
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Entanglement Entropy of Cosmological Perturbations



Entanglement entropy: Generalities

[Balasubramanian, McDermott & Raamsdonk, 2011]

↪ Consider simplest case of scalar QFT in Minkowski & **momentum-space entanglement**.

✓ $\mathcal{H} = \mathcal{H}_S \otimes \mathcal{H}_E \longrightarrow H = H_S \otimes \mathbb{I} + \mathbb{I} \otimes H_E + \lambda H_{\text{int}}$

✓ Free vacuum: $|0, 0\rangle = |0\rangle_S \otimes |0\rangle_E$

✓ Interacting: $|\Omega\rangle = |0, 0\rangle + \sum_{n \neq 0} A_n |n, 0\rangle + \sum_{n \neq 0} B_N |0, N\rangle + \sum_{n, N \neq 0} C_{n, N} |n, N\rangle$

✓ Result:
$$S_{\text{ent}} = -\lambda^2 \log \lambda^2 \sum_{n, N \neq 0} \frac{|\langle n, N | H_{\text{int}} | 0, 0 \rangle|^2}{(E_0 + \tilde{E}_0 - E_n - \tilde{E}_N)^2}$$

↪ $|n\rangle$: n -particle state of the system (in fact, a product state over all super-Hubble k modes) and similarly for $|N\rangle$.

↪ Standard perturbation theory used to calculate the matrix element.



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Entanglement entropy for inflationary perturbations



[S.B., Alaryani & Brandenberger, 2020]

↪ **Modifications** required for curved spacetime:

- ✓ $|0, 0\rangle = |0\rangle_{\mathcal{E}:k>aH} \otimes |SQ\rangle_{\mathcal{S}:k<aH}$
- ✓ Need **time-dependent perturbation theory** ($\lambda(t) = \sqrt{\epsilon}/(2\sqrt{2}aM_{\text{Pl}})$)
- ✓ No *well-defined notion* for the **energy** of the **squeezed state** →
Luckily, we only need **energy difference** between the first excited state and the corresponding vacuum.
- ✓ $\alpha_k|0\rangle = 0$ but $\alpha_k|SQ(k, \tau)\rangle \neq 0 \Rightarrow$ New **interaction terms** need to be considered like $\alpha_k c_{-k}^\dagger c_{-k}^\dagger$ and $\alpha_k \alpha_k c_{-k}^\dagger$, in addition to $c_{-k}^\dagger c_{-k}^\dagger c_{-k}^\dagger$.
- ✓ An illustration: $\langle SQ(k, \tau) | c_p c_{-q}^\dagger | SQ(k, \tau) \rangle \sim (1 + \sinh^2 r_p) \delta^3(\mathbf{p} + \mathbf{q})$
- ✓ Dominant contribution from the squeezed configuration.

Entanglement entropy (per unit physical vol) : $S_{\text{ent}} \sim \epsilon H^2 M_{\text{Pl}}^2 (a/a_i)^2$

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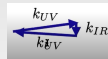


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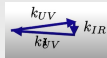


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Squeezing Entropy: An aside

↪ The density matrix (only considering **free Hamiltonian**) in the two-mode occupation number basis:

$$\rho = \prod_k \prod_p \sum_{n=0}^{\infty} \sum_{m=0}^{\infty} \frac{e^{-2i\phi_k(n-m)}}{\cosh r_k \cosh r_p} \tanh^n r_k \tanh^m r_p |n_k, n_{-k}\rangle \langle m_p, m_{-p}|$$

↪ This is still a **pure density matrix** → Need to **coarse-grain** it in a suitable way to get a ρ_{red} with a **non-zero von Neumann entropy**.

↪ **Coarse-graining**: Consider only the diagonal elements. Justifications:

- Effect of decoherence is to **suppress off-diagonal terms** of ρ_{red} → Interactions are **automatically assumed!**
- Averaging over the squeezing angle.

↪ Reduced density matrix $\rho_{\text{sq}} = \prod_k \sum_{n=0}^{\infty} \frac{1}{\cosh^2 r_k} \tanh^{2n} r_k |n_k, n_{-k}\rangle \langle n_k, n_{-k}| \Rightarrow$

Squeezing entropy $s_{\text{sq}} \sim \sum_k \ln(\sinh^2 r_k)$ for large squeezing.

Estimate this by integrating over super-Hubble modes and assume **no modes larger than H^{-1} at the beginning of inflation** $s_{\text{sq}} \sim H^3$ (per **physical volume**).



Cosmological entanglement entropy: Implications

- ✓ The **squeezing entropy** matches previous results for entropy of inflationary perturbations. [Brandenberger, Mukhanov & Prokopec, '92; '93; Gasperini & Giovannini, '93; '95; Prokopec, '93; Campo & Parentani, 2008]
- ✓ $s_{\text{ent}} > s_{\text{sq}}$ since $s_{\text{ent}}/s_{\text{sq}} \sim 10^9 (H/M_{\text{Pl}})^2 e^{2N}$, provided N is not *fine-tuned to be extremely small*. Remarkable result \Rightarrow **Interaction effects** can become very **important!** (analogy with **decoherence**) [Martin & Vennin]
- ✓ Further assume that the **thermal entropy** produced during **reheating** is **greater** than **EE** $\Rightarrow N < \frac{5}{4} \ln\left(\frac{H}{M_{\text{Pl}}}\right) - \frac{9}{2} \ln(10)$.

\Leftrightarrow The bound is **very close** to the **TCC!**

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\Leftrightarrow More general than inflation \rightarrow Same analyses applies to other formulations such as *Ekpyrosis*. Put upper bound on the energy scale of the bounce in that case. [Brahma, Brandenberger & Wang, 2020]



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Non-unitary evolution: Corrections to the power spectrum



Non-unitary dynamics & Cosmological observables

↔ Predict **detectable effects** of primordial entanglement:

- Prove the **quantum origin** of inflation (or for alternate paradigms and **distinguish** between them).
- **Indirect signal** for cubic NG for vanilla single-clock models (Otherwise undetectable from direct observations $f_{NL} \sim 0$) [Pajer, Schmidt & Zaldarriaga, 2013]

↔ **Non-unitary** dynamics since only **part of the Hilbert space** forms the system modes. [Agón, Balasubramanian, Kasko & Lawrence; Shandera, Kamal & Agarwal]

✓ **Full ρ** : $\rho(t) = U^\dagger(t, t_0)\rho(t_0)U(t, t_0)$

✓ **ρ_{sys}** : $\rho_{\text{sys}}(t) = \text{Tr}_{\mathcal{E}}\rho(t) = \sum_n \langle \mathcal{E}_n | \rho(t) | \mathcal{E}_n \rangle$

✓ **Evolution equation**: $\frac{d\rho_{\text{sys}}}{dt} = \frac{1}{i\hbar} [H, \rho_{\text{sys}}] + f(L_n, \rho_{\text{sys}})$

↔ The **dissipative Lindblad terms** denote deviations from Hamiltonian evolution → Losses/gains from Environment. Lindblad terms equivalent to adding new Hamiltonian terms with randomly varying source → close connection to the stochastic inflation formalism. [Banks, Susskind & Peskin, '84]

↔ Cosmological setup remains the same as before.

↔ We will work in the **interaction picture** and solve the **master equation** perturbatively. [Brahma, Berera & Calderón, 2021]



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New quantum corrections to power spectrum - I

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New quantum corrections to power spectrum - II

↪ The **kernel** $K_{p_1}(\tau, \tau') = -2 \int \frac{d^3 p_2}{(2\pi)^3} (\mathbf{p}_2 \cdot \mathbf{p}_3)^2 \chi_{p_2}^\mathcal{E}(\tau) \chi_{p_2}^\mathcal{E}(\tau')^* \chi_{p_3}^\mathcal{E}(\tau) \chi_{p_3}^\mathcal{E}(\tau')^*$ with $\mathbf{p}_3 = -(\mathbf{p}_1 + \mathbf{p}_2)$ is **sensitively dependent** on the choice of the **BD mode**: $\chi_k(\tau) = \frac{e^{-ik\tau}}{\sqrt{2k}} \left(1 - \frac{i}{k\tau}\right)$.

↪ Its leading order behaviour:

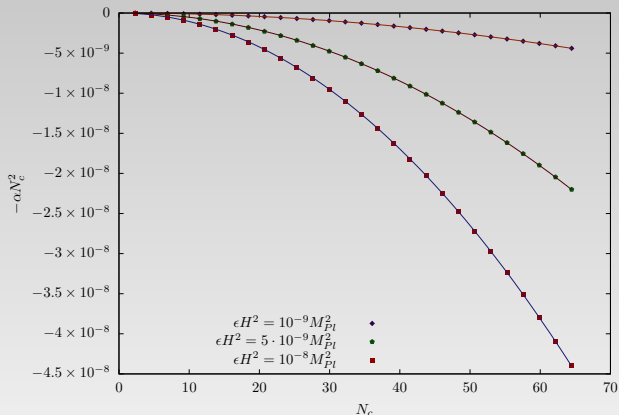
$$K_p(\tau, \tau') \approx - \frac{e^{2i(\tau-\tau')/\tau} \left[1 - e^{-ip(\tau-\tau')}\right] [\tau - (1-i)\tau']^2}{8\pi^2 p \tau^4 (\tau')^2 (\tau - \tau')^2}.$$

↪ The power spectrum:

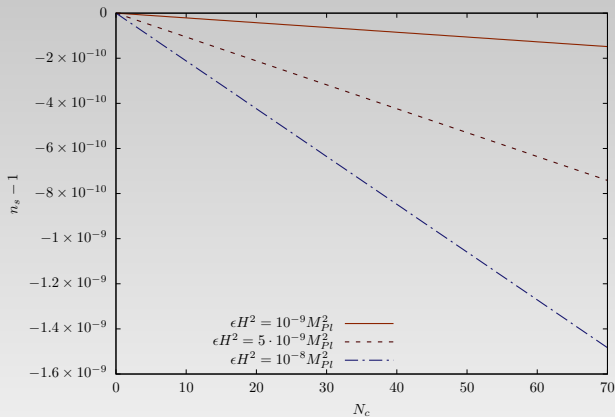
$$\Delta_\zeta^2(q\tau) = \frac{q^3}{2\pi^2 z^2} \langle \hat{\chi}_{\mathbf{q}}^S(\tau) \hat{\chi}_{-\mathbf{q}}^S(\tau) \rangle = \frac{q^3}{2\pi^2 z^2} \text{Tr} \left[\hat{\chi}_{\mathbf{q}}^S(\tau) \hat{\chi}_{-\mathbf{q}}^S(\tau) \rho_r(\tau) \right]$$

✓ The zeroth order approximation: $\Delta_\zeta^2(q) \approx \frac{1}{2\epsilon M_{\text{Pl}}^2} \left(\frac{H}{2\pi}\right)^2$

✓ The first order correction: $\Delta_\zeta^2(q\tau) = \frac{1}{2\epsilon M_{\text{Pl}}^2} \left(\frac{H}{2\pi}\right)^2 (1 - \alpha N_c^2)$ where $\alpha \approx 0.00211886 \epsilon H^2 / 2M_{\text{Pl}}^2$ and $N_c = \ln(-1/q\tau)$.



Fixing $\epsilon = 0.01$ and $H^2 \sim M_{\text{GUT}}^4/M_{\text{Pl}}^2$, consistent with an energy scale of inflation close to GUT scale, the correction to the power spectrum is of the order of $\mathcal{O}(10^{-8})$ for a period of $N_c \sim 10^2$ e-folds of expansion.



Corrections to the spectral index, and its running, are of the order $\mathcal{O}(10^{-9})$ and $\mathcal{O}(10^{-11})$, respectively, for the above-mentioned values.



Implications: Non-unitary evolution

↔ The first-order effect is a result of a mixture of dissipative and radiative corrections.

- ✓ The suppression factor $\epsilon H^2/M_{\text{pl}}^2$ can be estimated by *power counting* from loop corrections.
- ✓ Even the N_c^2 factor can be guessed from *loop corrections to the propagator* although this is much *less* straightforward.
- ✓ The *scale-dependence* of this effect *very different* from loop corrections. [Weinberg, 2005; 2006; Sloth, 2007]
- ✓ We find this effect *without* assuming any *specific form* of the potential.

↔ Upper bound on inflation for theory to be within *perturbative regime*.

Allowed e-foldings: $\mathcal{O}(10^5)$ come from the relation $\Rightarrow N \lesssim \alpha^{-1/2}$.

- ✓ Much larger than TCC & EE bound but no additional assumptions!
- ✓ If inflation is at reasonably high scale, potentially detectable.
- ✓ $(n_s - 1)$ & its running *increases* with N ! Typically, for single-field models, they decrease with N . [Easther & Peiris, 2006]
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- ✓ The suppression factor $\epsilon H^2/M_{\text{Pl}}^2$ can be estimated by **power counting** from loop corrections.
- ✓ Even the N_c^2 factor can be guessed from **loop corrections to the propagator** although this is much *less* straightforward.
- ✓ The **scale-dependence** of this effect **very different** from loop corrections. [Weinberg, 2005; 2006; Sloth, 2007]
- ✓ We find this effect **without** assuming any **specific form** of the potential.

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Allowed e-foldings: $\mathcal{O}(10^5)$ come from the relation $\Rightarrow N \lesssim \alpha^{-1/2}$.

- ✓ Much larger than TCC & EE bound but **no additional assumptions!**
- ✓ If inflation is at reasonably high scale, potentially **detectable**.
- ✓ $(n_s - 1)$ & its running **increases** with N ! Typically, for single-field models, they decrease with N . [Easter & Peiris, 2006]
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Discussion

→ Conclusions:

- ✓ QG important (all constraints go away when $M_{pl} \rightarrow \infty$) for theories explaining current data \Rightarrow New challenge for cosmologists coming from UV-physics.
- ✓ A lot can be learnt about general aspects of UV-completions from studying (open) QFT on curved spacetime. Effects of general initial states (for which standard Coleman-Weinberg doesn't apply) similar to those from curvature of field space. [Bojowald, S.B., Crowe, Ding & McCracken, 2020]

→ Looking ahead:

- Easy to generalize our methods to alternate mechanisms beyond inflation. Dissipative terms (as well as decay of vacuum energy) have promise of first-principles derivation of warm energy.
- Generalize to tensor modes (interactions can come without being slow-roll suppressed) and for couplings to other fields. Effects for non-Markovian evolution?
- dS space has been realized as a Glauber-Sudarshan state in String theory. In this case, a bound on the lifetime comes from when system becomes strongly-coupled! [S.B., Dasgupta & Tatar, 2020] Same idea for inflation?
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